



The Independence Foundation

Helping individuals with physically disabilities live independent and self directed lives.

2220 Hall Road, Elma, NY 14059 716-685-3976

We are a 501c3 not-for-profit organization.

Fall 2006 Newsletter

The Independence House: (a residential option for independent & self-directed living)
We have been looking for land – and are anxiously awaiting a signed contract as of this printing! A purchase offer went out on August 24th for land. I thought that by now I would have more definite news – but, as is the case so often, we wait! I will let you all know the *minute* I hear anything. We are also preparing the paperwork for the second Independence House! If you would like to get on the wait list – call Chris at 685-3976.

New Program:



Northtowns Power Soccer

Join the Northtowns Team Now!

See enclosed flyers for Southtowns team and Northtowns teams!

- > **If you can safely maneuver a power wheelchair – you can play! All ages!**
- > Registration Form available online at TheIndependenceFoundation.org
- > \$25 Registration fee includes all equipment. Call 685-3976 to register.

New areas on the website: www.TheIndependenceFoundation.org

- > Transportation Options -
a list of area transportation options is now posted on our website.
- > Accessible Vacation Spots -
Looking for a place to vacation that works with wheelchairs?

Upcoming Dates:

Thursday, October 5 – Attention MDA families: Keep your Lungs Healthy –see enclosed

Saturday, Oct 7 – Northtowns Tonawanda Power Soccer kick off – see flyer

Saturday, Oct 8 – Southtowns Elma Flaming Dragons Soccer Practice – see flyer

Saturday, October 14 – Power Soccer game against Rochester Speed Demons – see website for info

Volunteers – if you would like to help at any of our programs – call Chris 685-3976

Bowling:

Friday October 27th, 7 PM

at the AMF Lancaster Lanes, 4319 Transit Rd. near Losson Rd. Games are \$2.00 each, pay your own way. The whole family can come! There are ramps for wheelchair bowlers. RSVP to 716-685-3976.

Mom's Only:

The next gathering of moms will be **Sunday November 12, 6PM at Friday's**, 1746 Walden Ave. Near the Galleria Mall. Pay your own way – rsvp please to Chris at 685-3976.

Poker Night

If you are interested in a Poker Night – sign up now. We are looking for a Northtowns location – as soon as we find one – we will deal the cards!

Sabres Game

I called the Sabres to make arrangements for another group outing to a Sabres Game. The bad news – they won't offer us the same package as last year. For us to be in the 200 level we would have to pay \$79 per person! If anyone has any connections with Sabres and can get us a better deal – let me know!

Aquatic Therapy

Unfortunately – more bad news! Both Baker Victory and the DDSO have said no to our program.

If we can find a location that has a heated pool, ramps into the pool, adequate and heated changing areas, and that will allow us the use of their facility – then we can get the program up and running. There are 20 individuals on a wait list for this program. If you have any suggestions – let me know.

Equipment Loan Closet:

Looking to borrow equipment, buy or sell equipment, donate, buy or sell a wheelchair van – call Jackie 668-3048 or go to our website under programs.

Fundraising Opportunities:

Gift Card program:

Remember this opportunity as the holiday shopping season approaches! The Independence Foundation is participating in a scrip program. We are selling Gift Cards from a number of quality stores and restaurants. We are able to sell them at face-value because we buy them at a discount. Therefore, every Gift Card sold earns a profit for The Independence Foundation!

Current stores include:

Applebees, Olive Garden, Smokey Bones, Red Lobster, Quizno's, Boston Market, Old Navy, Gap, Dicks, Home Depot, Bed, Bath & Beyond, Bath & Body Works, Tops and Office Depot.

E-mail pbilski@inergex.com to purchase the cards, or if you would like more information.

Collect cell phones or sponsor a Dress Down Day – contact Chris for more info.

See enclosed flyers for additional information and events

www.TheIndependenceFoundation.org